

# Yin Yoga & Reiki

feel completely relaxed and refreshed  
one session • Saturday, September 22<sup>nd</sup> • 2:30-4:30 p.m.

\$35 Pre-Register  
\$45 Day Of

Space is limited  
~ Don't wait to register



Come allow your natural healing power to emanate through your body during this delicious 2 hour workshop designed to help you feel the healing light that you yourself possess. You will be guided through a series of poses and a meditation while receiving the energetic gift of Reiki. This workshop will leave you feeling refreshed and revitalized. It always sells out so be sure to sign up early.



Join Reiki Master  
& Yin Yoga  
Certified Instructor  
Patricia Scott

## Karma Yoga

Assisted by  
Reiki Master  
& RYT200  
Holly Shay

3683 W. Maple Rd., Bloomfield Hills, MI 48301 • (248) 723-9168 • [www.karma-yoga.net](http://www.karma-yoga.net)